



**Our Mission:**  
**To eliminate racism through interactive personal and literary programs that educate and empower youth.**

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## **10 Things You Can Do To Help End Prejudice & Racism**

- 1 Eat lunch** with someone new.
- 2 Invite a friend** of a different background to a play date, family event or celebration.
- 3 Speak up or out** when you hear jokes and slurs that put people down. Silence sends a message that you are in agreement.
- 4 Find out** about your family heritage. Ask your parents and grandparents about their experiences with racism and anti-racism.
- 5 Wear a button**, ribbon a bracelet, or a t-shirt that represents your hopes for a racism-free world.
- 6 Read more.** Find books that promote understanding of different cultures and that are written by authors of diverse backgrounds.
- 7 Go to movies**, concerts, museums and events where you will find out about diverse racial or cultural perspectives and realities.
- 8 Dig deeper.** Choose a school project or activity that deals with civil and human rights struggles.
- 9 Ask your teacher or student council** to organize anti-racism activities such as a poster, essay or slogan contest; poetry slam; web page; book display or cultural potluck.
- 10 Join or organize** a diversity club or group.